

INTERNATIONAL DANCE CONSERVATORY – BALLROOM PROGRAM

YEAR	FALL	SPRING
Year 1	Latin Ballroom School Figures (Bronze level) Standard Ballroom School Figures (Bronze level)	Latin Ballroom School Figures (Silver & Gold levels) Standard Ballroom School Figures (Silver & Gold levels)
Year 2	Latin Technique 1 Latin Ballroom 1 Standard Technique 1 Standard Choreography 1	Latin Technique 2 Latin Ballroom 2 Standard Technique 2 Standard Choreography 2
Year 3	American Smooth 1 Student Choreography 1 Advanced Ballroom Technique 1	American Smooth 2 Student Choreography 2 Advanced Ballroom Technique 2
Year 4	Business of Ballroom Advanced Choreography 1	Intro to Ballroom Instruction Advanced Choreography 2

INTERNATIONAL DANCE CONSERVATORY – BALLROOM PROGRAM

Advanced Ballroom Technique 1 & 2

This is an advanced class that focuses on the body mechanics, timing, footwork, partnering, style, expression, and emotion of many Ballroom & Latin dances. Students will continue to develop a deeper understanding of the techniques and stylings of each dance. Students will apply this training in the demonstration of their Latin, Ballroom, and Smooth competition routines.

Advanced Choreography 1 & 2

This is an advanced class that focuses on learning open choreography in many Ballroom and Latin Dances. Students will experience this creative process first hand and apply their technique to this choreography. Students will perform these open routines with attention to technical proficiency and embodying the character of each dance.

American Smooth 1 & 2

This is an advanced class that focuses on learning open choreography in all four American Smooth Ballroom Dances - Waltz, Tango, Foxtrot, & Viennese Waltz. Students will be prepared to compete in all four dances at the Open Amateur Level. Students are expected to understand and demonstrate the technical & characteristic qualities of each dance.

Business of Ballroom

This class is study of the professional options in the Ballroom Industry. This class will explore studio life as a competitor, instructor, and as an administrator/sales person. Students will also explore the professional performance options in this art form and learn how to acquire work.

Intro to Ballroom Instruction

This class is a study of how to teach social dancing to beginner and intermediate dancers. Students will learn the differences between social and competition dancing. Students will work on timing, music identification, style, and steps of social dances such as Swing, Salsa, Foxtrot, Waltz, Cha Cha, Merengue, Rumba, & Tango.

Latin Ballroom 1 & 2

This is an intermediate class that focuses on learning open choreography in all five Latin Dances - Rumba, Jive, Samba, Paso Doble, & Cha Cha. Students will understand and demonstrate the emotional and technical differences between each of the five Latin dances. Students will apply this training by embodying the character of each dance in choreographed competition routines.

Latin Ballroom School Figures - Bronze Level

This class is an introduction to the International Latin Syllabus for all five dances - Rumba, Samba, Jive, Paso Doble, & Cha Cha. Students will focus on the school figures, technique, and timing of each dance. Students will learn to execute the steps of each dance with special attention to their own body mechanics and the lead and follow in relation to their partner for each figure.

Latin Ballroom School Figures - Silver & Gold Levels

This class is an exploration of the Silver and Gold levels of the International Latin Syllabus in all five dances - Rumba, Samba, Jive, Paso Doble, & Cha Cha. Students will focus on the school figures, technique, and timing of each dance. Students will learn to execute the steps of each dance with special attention to their own body mechanics and the lead and follow in relation to their partner for each figure.

Latin Technique 1 & 2

This is an intermediate class that focuses on the technique and expression of all five Latin dances - Rumba, Cha Cha, Paso Doble, Jive, & Samba. Students will study the body mechanics, timing, footwork, partnering, style and character of all five dances. This training will be applied to warm up routines, school figures, and open choreography.

Standard Ballroom School Figures - Bronze Level

This class is an introduction to the International Ballroom Syllabus in all five dances - Waltz, Tango, Foxtrot, Viennese Waltz, & Quickstep. Students will focus on the school figures, technique, and timing of each dance. Students will learn to execute the steps of each dance with special attention to their own body mechanics and the lead/follow in relation to their partner for each figure.

Standard Ballroom School Figures - Silver & Gold Levels

This class is an exploration of the intermediate and advanced levels of the International Ballroom Syllabus in all five dances - Waltz, Tango, Foxtrot, Viennese Waltz, & Quickstep. Students will focus on the school figures, technique, and timing of each dance. Students will learn to execute the steps of each dance with special attention to their own body mechanics and the lead/follow in relation to their partner for each figure.

Standard Choreography 1 & 2

This is an intermediate class that focuses on learning open choreography in all five International Ballroom Dances - Waltz, Tango, Foxtrot, Quickstep, & Viennese Waltz. Students will gain a greater understanding of the technique and characteristic qualities of each dance. Students will perform open routines with attention to technical differences and similarities of each dance.

Standard Technique 1 & 2

This is an intermediate class that focuses on the technique and expression of each of the five International Ballroom dances - Waltz, Tango, Viennese Waltz, Quickstep, & Foxtrot. Students will study the body mechanics, timing, footwork, partnering, style and emotion of this dance category. The students will apply this training to warm up routines, school figures, and open choreography.

Student Choreography 1 & 2

This is an advanced class that focuses on students creating choreography in a variety of Latin, Standard, & Smooth Ballroom dances. Students will develop an understanding of how movement fits to music. Students will explore the underlying story of each dance and find ways to communicate through choreography.